



Sweet Adelines International's Young Women in Harmony Scouting Patch
Lesson plan courtesy of Oklahoma City Chorus, Region 25

INTRODUCTION 10:00 - 10:10am

Welcome and introduce participants and program (2 minutes)

Physical warmup (4 minutes)

Vocal warmup (4 minutes)

10:10 - 10:30am SESSION I

A. Music Basics: (5 minutes)

Vibrations - All sound is produced by vibrations (washing machine, air conditioner, earthquakes, etc.)

Voice – You carry this instrument with you (vocal chords and air).

Melody – Sounds and pauses in a certain pattern (pitches, rests, rhythm).

Harmony - Complimentary part added to the melody

B. Various music styles - name your favorite:

Rock

Pop

Classical

Country

Rap

C. Creating Harmony: (15 minutes)

2-pt (duet)

3-pt (trio)

4-pt (quartet) - Example with OK City singing *Barges*.

Discuss difference between classical-choral and BBS (cone) with *Let Me Call You Sweetheart*.

10:30 - 11:05am SESSION II

Singing Rounds (15 minutes)

A. Describe what a round is and how it creates harmony parts when melody is layered by multiple groups.

B. Sing *Make New Friends*, *The Promise Song*, *I Love the Mountains*, and *Kookabura* in rounds.

C. Sing 2-pt. songs *Sarasponda* and *Horsey, Horsey*.

Barbershop Basics (20 minutes)

A. Explain the difference between a ballad and an uptune.

- In barbershop harmony there are songs that are high-energy and make you want to tap your toes to the beat. They usually have a medium to fast tempo (speed), so we call them uptunes. Songs that are slow, sentimental and very emotional are called ballads. A song that has a bit of a beat and dance feel but that is still slow and sentimental is called a swing ballad.
- Explain how barbershop differs from traditional choirs and how this compares to other groups they may have seen. Show YWIH quartets and SAI chorus performance clips of both from YouTube.

B. Make list of song titles and decide whether they are ballads or uptunes. Talk about how you came to these conclusions.

11:05 - 11:15am BATHROOM BREAK

11:15 - 11:40am SESSION III

Barbershop Basics, continued (20 minutes)

C. Learn several barbershop tags *Mickey Mouse*, *Frozen*, etc.

D. Breakout quartets with the girls

11:40am - 12:10pm SESSION IV

SHOWTIME! Divide into groups for *Barges*, *Make New Friends*, and *Mickey Mouse*. Rehearse for 10 minutes.

PERFORM!

Present patches to all participants. Invite any Cadettes or Seniors to a rehearsal.

12:15 - 1:00pm LUNCH