

March 14-17, 2024

RICHARDSON, TEXAS, USA

Region 25: Heart of America

Region 25 Heart of America is comprised of choruses and quartets from seven states, stretching from northwest Texas to Tennessee in the United States. It includes Oklahoma, where Sweet Adelines International was founded and is home to several internationally-recognized choruses and quartets, including Rich-Tone Chorus (five-time International Champions) and 2019 2nd Place Quartet and Most Entertaining Quartet, TITANIUM. Pictured above is Top of the Rock Chorus who competed in the 2019 Sweet Adelines International Chorus Competition.

March 21-24, 2024

CONCORD, NORTH CAROLINA, USA

Region 14: Heart of the Blue Ridge

Region 14 Heart of the Blue Ridge is home to International Champion Quartet Speed of Sound (2016) as well as three members of the 2018 Rising Star Champion Quartet, Hot Pursuit. The region encompasses parts of Georgia, North Carolina, South Carolina, Tennessee and Virginia in the United States. Pictured above is Vienna Falls Chorus who competed in the 2019 Sweet Adelines International Chorus Competition.

March 21-24, 2024

HOUSTON, TEXAS, USA

Region 10: Great Gulf Coast

Region 10 Great Gulf Coast encompasses all of Louisiana, central and southern Texas, and the southern halves of Mississippi and Alabama in the United States. The region is home to 2016 International Rising Star Champion Quartet, The Ladies (pictured above).

March 21-24, 2024

COVINGTON, KENTUCKY, USA

Region 4: Harmony Heartland

Region 4 Harmony Heartland includes sections of Alabama, Illinois, Indiana, Kentucky, Ohio, Tennessee and West Virginia in the United States. The region is home to two International Champion Choruses (including five-time winners Gem City Chorus), five International Champion Quartets and four Harmony Classic Champion Choruses. Featured above is Don't Call Me Shirley Quartet, who competed in the 2019 International Quartet Semifinals.

March 21-24, 2024

OXNARD, CALIFORNIA, USA

Region 11: Sequoia Pacifica

Region 11 covers the United States' central and southern California and Las Vegas, Nevada. The Sequoia Pacifica Region is home to seven International Champion Quartets and an International Champion Chorus (San Diego, 1975). Featured above is Lady Luck Showtime Chorus, who competed in the 2019 International Chorus Semifinals.

April 4-7, 2024

COLORADO SPRINGS, COLORADO, USA

Region 8: Rocky Mountain

Region 8 Rocky Mountain includes Colorado, Idaho, Montana, South Dakota, Nebraska, Kansas, Utah and Wyoming in the United States. The region is home to several internationally-recognized choruses and quartets, including Ruby Blue Quartet (pictured above), who competed in the 2019 Sweet Adelines International Chorus Competition.

April 4-7, 2024

ST. CATHARINES, ONTARIO, CANADA

Region 16: Lake Ontario

Region 16 encompasses Canadian and United States regions around Lake Ontario, for which they are named. This region is also home to five-time International Champion, North Metro Chorus and the 4th place Harmony Classic Div. A Chorus, Limestone City Voices (pictured above).

April 11-14, 2024

TORRANCE, CALIFORNIA, USA

Region 21: Golden West

Region 21 Golden West encompasses southern California, Arizona, New Mexico, West Texas and Hawaii in the United States. The region is home to several multi-year Sweet Adelines International Champion choruses, including most recently Scottsdale Chorus (2019, for its 6th time) and 2015 Rising Star Quartet Champion Quartet, C'est La Vie (pictured above).

April 11-14, 2024

ALBANY, NEW YORK, USA

Region 15: Greater NY/NJ

Region 15 stretches from northern New Jersey across Long Island, NY, north of Albany, NY and west toward Rochester, NY. The Greater NY/NJ Region is home to the 2018 Harmony Classic Division A Champion Chorus, Sirens of Gotham. Pictured above is the Greater Nassau Chorus who placed 9th in the 2019 Sweet Adelines International Chorus Competition.

April 11-14, 2024

CEDAR RAPIDS, IOWA, USA

Region 5: Spirit of the Midwest

Region 5 Spirit of the Midwest is the home of eleven International Champion Quartets, including the 2019 Queens of Harmony, ClassRing (pictured above), the first Sweet Adelines International Champion Quartet, the Decaturettes (1947) and the longest-running Sweet Adelines chapter, Kansas City Chorus. Spirit of the Midwest is made up of parts of Kansas, Illinois, Iowa, Missouri and Nebraska in the United States.

April 18-21, 2024

SPARKS, NEVADA, USA

Region 12: Pacific Shores

The Pacific Shores Region encompasses northern California, northern Nevada, Oregon and Hawaii in the United States. Region 12 is home to 2014 International Champion Quartet, LoveNotes and pictured above – the 2020 Harmony Classic Division AA Champion Chorus, Diablo Vista.

April 18-21, 2024

WINDSOR, ONTARIO, CANADA

Region 2: Border Lakes

Region 2 Border Lakes is comprised of Michigan in the United States and part of Ontario, Canada. The region is home to several Division A and AA choruses that have placed in the top 5 at international competition over the years including, most recently, Grand Traverse Show Chorus, which placed 4th in the 2017 Harmony Classic Competition. Featured above is The Vibe Quartet, who competed in the 2019 International Quartet Semifinals.

May 2-5, 2024

ROCHESTER, MINNESOTA, USA

Region 6: Northern Lights

Region 6 Northern Lights consists of 19 choruses, for example, Fox Valley Chorus (pictured above), and covers the lower parts of Manitoba and Ontario in Canada as well as North Dakota, Minnesota, South Dakota, Wisconsin and Iowa in the United States. The Northern Lights Region is home to three International Champion Quartets.

May 2-5, 2024

MILWAUKEE, WISCONSIN, USA

Region 3: Midwest Harmony

Region 3 is home to the winners of the most international gold medals in Sweet Adelines history, the Melodeers Chorus (pictured above). The chorus has brought home seven international gold medals, most recently in 2015. The Midwest Harmony Region spans an area of the United States from South Bend, Indiana in the east to Madison, Wisconsin in the west and down to Peoria, Illinois.

May 9-12, 2024

CLEVELAND, OHIO, USA

Region 17: Great Lakes Harmony

Region 17 Great Lakes Harmony contains parts of Indiana, Michigan, New York, Ohio and Pennsylvania in the United States. The region is home to several internationally-recognized choruses and quartets, including Lucille, who served as 2019 International Quartet Finals mic-testers (similar to an opening act). Featured above is the 5th place 2019 Harmony Classic Div. AA Chorus, Grand Rapids.

May 9-12, 2024

HELSINGBORG, SWEDEN

Region 32: Nordic Light

Region 32 Nordic Light includes Denmark, Finland, Norway and Sweden. It includes several internationally-recognized choruses and quartets, including three-time International Champion Rönninge Show Chorus (2014, 2017, 2020) pictured above, Malmö Limelight Chorus (Harmony Classic Division A, 2018) and Growing Girls (Quartet, 1989).

May 9-12, 2024

SPRINGFIELD, MASSACHUSETTS, USA

Region 1: North Atlantic

Region 1 North Atlantic covers New England and Northern New York, USA, as well as Quebec, Canada. Region 1 currently has more than 30 quartets and 22 chartered choruses including the 2020 Harmony Classic Div. A Champion Chorus, Millennium Magic (pictured above).

May 9-12, 2024

EDMONTON, ALBERTA, CANADA

Region 26: Canadian Maple Leaf

The only all-Canadian region, Region 26 Canadian Maple Leaf includes Yukon Territory, Northwest Territories and the provinces of British Columbia, Alberta, and Saskatchewan. It is home to several internationally-recognized choruses: Lions Gate Chorus (pictured above) who placed second in the 2019 Sweet Adelines International Chorus Competition as well as three International Champion Quartets: Brava! (2004), Martini (2012), and Frenzy (2017).

May 9-12, 2024

SHEFFIELD, SOUTH YORKSHIRE, ENGLAND

Region 31: Quartet of Nations

Established in 1999, Region 31 Quartet of Nations includes England, Scotland, Wales and the Netherlands. The region is home to several internationally-recognized choruses and quartets, including most recently Fortuity Quartet (pictured above) which competed in the 2019 Quartet Finals and No Borders Show Chorus, which was selected as Most Entertaining Chorus in the 2018 Harmony Classic competition.

May 16-19, 2024

LANCASTER, PENNSYLVANIA, USA

Region 19: Atlantic Bay-Mountain

Region 19 Atlantic Bay-Mountain includes parts of Delaware, Maryland, New Jersey, Pennsylvania and Virginia in the United States. The region is home to 1983 Sweet Adelines International Champion Chorus Valley Forge and nine International Champion Quartets, including most recently, Lustre (2018). Pictured above is the Harbor City Music Company Chorus who placed 4th in the 2019 Sweet Adelines International Chorus Competition.

May 16-19, 2024

SPOKANE, WASHINGTON, USA

Region 13: North by Northwest

Region 13 North by Northwest encompasses Alaska, Idaho, Montana, Oregon and Washington in the United States. The region is home to four International Champion Quartets, most recently Frenzy! (2017) and several quartets and choruses who placed in the Top 10 at International Competition. Pictured above is Alaska Sound Celebration Chorus who competed in the 2019 Sweet Adelines International Chorus Competition.

May 16-19, 2024

FREMANTLE, WA, AUSTRALIA

Region 34: Southern Cross

Region 34 Southern Cross covers all of Australia. It is home to several internationally recognized choruses and quartets like A Cappella West (pictured above) and most recently Circular Keys Chorus, which placed third at the 2018 Harmony Classic Division A Chorus Competition.

May 16-19, 2024

ORLANDO, FLORIDA, USA

Region 9: Coastal Harmony

Region 9 Coastal Harmony encompasses Florida, southern Georgia and the southernmost tip of South Carolina in the United States. The Coastal Harmony Region is home to the 2020 Quartet Champions, Viva! (pictured above) and 2020 Rising Star Champions, Duly Noted.

May 23-26, 2024

DUNEDIN, OTAGO, NEW ZEALAND

Region 35: New Zealand

As its name suggests, Region 35 covers New Zealand. It is the home of several internationally-recognized choruses and quartets, like Christchurch City Chorus (pictured above) and mostly recently 2018 Harmony Classic Division AA Champions, Wellington City Chorus, and Bella A Cappella Chorus, which placed fifth in the 2018 Harmony Classic Division A Chorus Competition.
