



International Faculty Resume

Name: Paula Davis

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Region: 13 **Time Zone:** UTC -7

BIOGRAPHY

Paula Davis is a 37-year member of Sweet Adelines International. Currently, she directs Song of Seattle Chorus in Region #13 and sings bass in Touchstone Quartet. Paula also is a certified Expression Judge, an International Faculty Member and the Leadership Development Specialist for Region #13. She also serves on the International Board of Directors as well as being the Judge Specialist Moderator for the Judge Specialist Committee. She also serves on the Leadership Certification Program Task Force. She coaches many different choruses and quartets around our organization as well. Her favorite part of being a Sweet Adeline is getting to know so many wonderful women and to watch both musical skills and personal development skyrocket because of their involvement with this organization.

Paula was both a middle school and high school choral director during her time teaching in Texas schools where she taught for 10 years. Her Bachelor's and Master's Degree are in Music Education.

Teaching Specialties include: The Expression Category and all of its individual elements; Developing and Equipping Leaders; Selling a Song; Open Division elements — developing scripts; theatrical development; staging, etc.; Breath Energy; Effective Use of Vocal and Physical Warm-ups; Courageous Leadership; Team-Building; etc.

COURSE LIST AND DESCRIPTIONS

Class Title: Bringing Authenticity into Your Performance through Theater Skills

Category: Expression; Audience Connection; Theatrical Skills

Length: 60-90 minutes

Description: We'll discuss what makes any performance memorable. Using practical and usable methods from the theater, we explore ways to develop greater connection and authenticity in your song message delivery.

Class Title: Musical Theater Academy: Bringing Your Songs & Stories to Life on Stage

Category: Open Division/Entertainment Packaging

Length: 5 (or 6) 1-hour classes

Description: Looking at professional theater elements and examples as well as BBS entertainment, we'll look at what makes up great entertainment, how you can create strong audience connection and how you learn to step out of yourself into a character or story.

Class Title: Understanding & Building Breath Energy to Propel Your Musical Messages
Category: Expression; Sound; Vocal/Breath Skills
Length: 50–60 minutes
Description: We'll look at the breathing mechanism and helping every singer learn to engage the magic of energized air. With hands-on methods for learning and teaching, this makes breath energy attainable for all singers.

Class Title: Leadership Classes to Meet Your Needs
Category: Leadership
Length: 50+ minutes for each class
Description: I have multiple leadership classes to choose from:
1. What is Leadership? (Qualities, Skills and Methods);
Inspirational classes:
2. A Hero's Journey
3. A Leader's Heart
4. Leading through Transition and Change
5. Visioning, Values and Strategic Planning

Class Title: Beginning Musicianship Skills
Category: Arranger Skills/Music Theory
Length: 60 minutes
Description: Explanation and discussion of the basic elements of theory and music reading – notes, intervals, rhythms, chords and how they apply to our music. We'll make music theory fun!

Class Title: Planning for Your Future
Category: Leadership
Length: 1-4 hours
Description: This can be either an explanation and interactive work on how to do long range planning with your chorus OR it can be the actual process of developing goals and doing long-range planning with the group. This is very group-centered, so space, creativity, and time are very important. Then the fun begins!

Class Title: Physical Expression, Characterization and Musicality
Category: Choreography
Length: 60 minutes

Description: Using expressive movements to not only tell your story, but to cue your vocal skills as well. This looks at singers of various genres to examine how they use their body to achieve their best performance and then transfers these observations into your personal performance. Each student can identify what moves they make that best cues their body to sing as trained!

Class Title: You are a Winner
Category: Coaching/Teaching
Length: 60-90 minutes
Description: Can be done with a live quartet or chorus or analytical listening with video or CD.

Class Title: Communicating as Leaders
Category: Leadership
Length: 60 minutes
Description: Exploring the areas that need communication between musical leaders, especially director and her assistant director. Topics, ways to approach, and reaching understanding in a positive manner.

Class Title: Make 'Em Laugh! Let 'Em Love...
Category: Performance Packaging
Length: 60 minutes
Description: Ideas and examples for how to start and build on ideas and deliver them effectively.

Class Title: Developing Directing Skills
Category: Directing
Length: 60-90 minutes
Description: An Interactive class that explores and practices the beginnings of clear, effective directing movements- entrances, cut-offs, breaths, tempo, eliminating interference and giving the body alignment and look with which you want the chorus to sing. A song will be used to explore these elements and then class members will be asked to volunteer to direct.

Class Title: Your Chorus by Improving Yourself
Category: Directing
Length: 60 minutes

Description: This class explores some of the more intricate parts of directing - vocal skill reminder cues, tempo changes, backbeat, different breathing style cues, clarity in rhythmic areas, etc. This interactive class will use a song for directors first to identify the challenges and then learn by watching and doing.

Class Title: Performance Skills that Communicate

Category: Judging

Length: 60 minutes

Description: An exploration of the 5 elements the judges are looking in the Open Division and International Finals Contests. We 'll review performance videos and discuss the things that happen in performance, ways to improve those and ways to pursue even greater ways of communicating with your audience.

Class Title: Taking Your Scores to the Next Level

Category: General

Length: 60 minutes

Description: After reviewing video performances, we 'll discuss the level, characteristics of that level and what areas of improvement will make the biggest difference for score improvement. Each level will be covered - from low C to A. This can be geared to Quartet or Chorus audiences.

Class Title: The Levels of B

Category: General

Length: 60 minutes

Description: We will review performances from each B level (B-, Band B+), discuss the characteristics, challenges and positives of each level, then learn how each level can grow and learn to move into a higher level. This can be geared to Quartet or Chorus learners.

Class Title: The Levels of A

Category: General

Length: 60 minutes

Description: We will review performances from each of the A levels (A-, A, A+), discuss the characteristics, challenges and excellence of each level, then explore how these outstanding performers can move even further into artistry, musical magic and the next level.

Class Title: Understanding and Applying the Expression Category

Category: Performance Packaging

Length: 60-90 minutes

Description: A look at the technical and artistic elements of the Expression Category to understand what all the elements mean, how they create and communicate a truly expressive performance. Uses recorded performances as examples. Can be done with a quartet as a demo.

Class Title: The Mystery of Forward Motion

Category: General

Length: 60 minutes

Description: What do they mean by "forward motion"? Where did that concept come from and how do we apply it effectively? Helping to dispel the myths and misunderstandings of the crucial element of the Expression category.

Class Title: Care and Feeding of New Members Class

Category: Member Recruitment/Retention

Length: 60 minutes

Description: Ideas, examples and inspiration for developing an effective "Rookie"/new member program that teaches, connects and retains new members. Practical, proven ideas that work.

Class Title: Lighting the Darkness Class

Category: Performance Packaging

Length: 60-90 minutes

Description: A deeper look into the Expression Category: elements, artistry and scoring higher. Will explore expression judging comments at each level and how to raise your score while enjoying every minute of the journey. Uses lots of kinesthetic means of accomplishing expressive delivery. An active, participatory class.

Class Title: You Gotta Have Heart

Category: Performance

Length: 60 minutes

Description:	Using vocal exercises and listening skills, we 'll discover new ways to build a unified sound and performance.
Class Title:	Singing as One
Category:	Quartet Skills
Length:	60 minutes
Description:	Using vocal exercises and listening skills, we 'll discover new ways to build a unified sound and performance.
Class Title:	Spotlight on Music Choice
Category:	Quartet Skills
Length:	60 minutes
Description:	This class explores the considerations each group should approach in choosing music- their particular skills, liabilities, personality, goals and individual needs/preferences.
Class Title:	Building Consensus
Category:	People Skills
Length:	60 minutes
Description:	We 'll discuss what consensus is, how to approach it in the team, what to do when consensus cannot be reached.
Class Title:	Effective Teamwork
Category:	Chorus Culture
Length:	60 minutes
Description:	Exploration of the challenges of working together, how to communicate with the team and individuals, how to build accountability into your team experience and maintaining a healthy, high-performance team.
Class Title:	Developing Future Leaders
Category:	Leadership
Length:	60 minutes
Description:	We 'll explore where you find future leaders, what mentoring is (and isn't), how to be a mentor, encouraging those you mentor or who you think would be an effective future leader. Leadership development is best done by mentoring.

Class Title: Leading an Effective Meeting
Category: Leadership
Length: 60 minutes
Description: Elements of an effective meeting, detriments to having an effective meeting and how to conduct an effective meeting.

Class Title: Working with Challenges
Category: Chorus Culture
Length: 60-90 minutes
Description: We will explore the challenges the region is facing currently and look at various ways to work with these challenges - Distance, shrinking/disappearing choruses, lack of leadership, building choruses through crisis, etc. Previous contact can help create this class to be very specific to your needs.

Class Title: Fill Up Your Tool Box
Category: Rehearsals & Performance
Length: 60 minutes
Description: Group sharing and exploration of new ideas and tips for creating even more fun and effective learning in your rehearsals.

Class Title: Conducting a Rockin' Sectional
Category: Rehearsals & Performance
Length: 60 minutes
Description: We 'll explore various ways to conduct a sectional, discuss the many reasons we have sectionals, focusing our section, and building independence and section unity.

Class Title: Creating the Charmed Sweet Adeline Life
Category: General

Length: 60 minutes

Description: This class will explore the difference between stress and burn-out and the contributing factors to these conditions. Then we will explore the various ways we can help ourselves to return to and maintain the joy, love and fun of singing together in this hobby we loved from the beginning.

Class Title: Teams Who Play Together, Stay Together!

Category: 60-90 minutes

Length: Chorus Culture

Description: Using various games, we 'll explore how teams work, how Individuals contribute (or not) to the effectiveness/success of the team, and laugh our way to building a better team.

Class Title: Developing Artistic Sound

Category: Vocal Production

Length: 60 minutes

Description: This class will explore the vocal mechanisms in place and how to let them work with freedom. Once the basics are learned and consistently growing, musical, artistic sound can flourish. Developing emotional connection to your audience and your message.

Class Title: Warm-Ups that Work

Category: Vocal Production

Length: 60 minutes

Description: While several new warm-ups will be introduced, the major focus of this is developing the warm-ups to meet the needs that each group is facing at any time. Various warm ups will be used to examine the various areas of vocal skill building that can be taught through almost any vocalise.
