



## Notes Before You Go!

From transportation and weather, to items to pack, the information in this document includes important details to help prepare you for IES and ensure your trip is safe and memorable.

### Health & Safety Protocols

Sweet Adelines International is partnering with ShareMy.Health, a HIPAA-compliant platform, to help assist in the safety and well-being of all attendees.

In accordance with this event's COVID-19 health and safety policy, you will need to upload your records to ShareMy.Health prior to arrival to gain access to the event.

You must provide proof of either:

- Full vaccination status, showing the final dose received on or before June 29 *or*
- [Exemption documents](#) sent to [exemptions@sweetadelines.com](mailto:exemptions@sweetadelines.com) and a negative COVID-19 test result uploaded to ShareMy.Health within 72 hours of Wednesday, July 20.

[Click here](#) to view the full Health and Safety Policy as well as testing methods that will be accepted.

Here's what we need from you:

#### 1. Activate your ShareMy.Health account.

*You will be receiving an invitation email from ShareMy.Health ([noreply@sharemy.health](mailto:noreply@sharemy.health)) within the next hour. If you do not see it, please check your spam folder. Inform [events@sweetadelines.com](mailto:events@sweetadelines.com) if you have not received an email by Tuesday, July 12.*

#### 2. Upload your records via your ShareMy.Health home page by clicking "Upload Your Vaccine"

*If you are planning to gain clearance via negative test result instead, you will have to log back in on July 17<sup>th</sup> or after when an "Upload Your Test Result" option will appear.*

For assistance in the upload process you may [review these instruction videos](#), or contact [events@sharemy.health](mailto:events@sharemy.health).

For questions or concerns, please contact [events@sweetadelines.com](mailto:events@sweetadelines.com).

## Time Zone

Texas is located in the Central Daylight Time Zone.

## San Antonio Weather

Daily high temperatures in San Antonio in July is usually around 96°F rarely falling below 87°F or exceeding 101°F. The relative humidity usually peaks at 87% in the morning then drops to 44% by mid-afternoon. Classrooms historically tend to be chilly, so remember to bring a jacket.

## Getting to Trinity University

San Antonio International Airport (SAT) is located six miles from Trinity University. Whether you are renting a car from the airport, taking an Uber\*/taxi, or driving from near or far, everyone will meet for registration at the same destination.

**\*If traveling via Uber, you must clarify the pickup/drop off spot as “RFOC Mabee Dining Hall,” which is located along Stadium Drive. Ask your driver to take the turn by the Intramural Field – *not* Northup Hall.**

Trinity University is located six (6) miles from San Antonio International Airport.

Ground transportation options from the airport to Trinity University include: Car Rental, Rideshare (Uber, Lyft, and Wingz), and taxi. An approximate cost for an Uber to Trinity University is \$15-\$30 USD based on car size and time of day.

[Ride Share](#)

[Taxi Cabs](#)

[Rental Cars](#)

The address for Uber/Lyft/your personal navigation app of choice/etc. is:

## Trinity University

**One (1) Trinity University  
San Antonio, TX 78212**

The destination will lead you to the Mabee Dining Hall and the Mabee Dining Hall Parking Lot. If being transported via ride share or taxi, your driver may drop you off at this location. If you are driving to the campus, please park in the Mabee Dining Hall parking lot to register and check-in for the event. See below for more parking information.

## Parking

If you have a vehicle on campus, it must be registered during check-in. Please take note of your license tag number before coming to registration so you won't have to back track. You will receive a parking pass that must be kept on the dash of the car at all times while parked. This pass will permit you to park in lots S and O near the residence halls. Parking is not allowed on upper campus. Please be advised that any vehicle parked illegally is subject to ticketing and/or towing. Parking is free for IES attendees. **Summer Conference Guests are responsible for payment of any parking tickets issued.**

## Trinity University Campus Map

Please click [here](#) for a Trinity University campus map.

## Check-in Times:

IES: Wednesday, July 20, Noon-7:00 p.m. Mabee Dining Hall  
Dinner on-site from 5:00 p.m.-7:00 p.m.

## Check-in Instructions

All attendees will check-in at Mabee Dining Hall at Trinity University. Upon check-in, attendees will receive a lanyard, room assignment and key card, "How To" booklet, Trinity University water bottle, IES tote bag, as well as, a personalized registration packet containing your name badge, class schedule, and campus maps.

**Early/Late Arrivals:** If you will be arriving after the designated check-in times, please call/text (918) 859-0522 so that a Sweet Adelines staff member can be available to meet you at the Mabee Dining Hall. Please notify the events department at [events@sweetadelines.com](mailto:events@sweetadelines.com) before **July 15<sup>th</sup>** so that we can have an idea of when we will need to meet you. If you are arriving in San Antonio before noon, please plan to explore the city and arrive on campus as close to noon as possible.

## Dinner on Arrival Day (Wednesday, July 20)

The dining hall will be open for dinner from 5:00-7:00 p.m. on Wednesday, July, 20. Plan your arrival to allow yourself enough time to check in, get settled, eat and get to the opening session, which begins at 7:00 p.m.

## Commuter Check-In

Check-in for commuters will be at Mabee Dining Hall. There is a small parking lot in front of Mabee Dining Hall that can be utilized by commuters for a short period of time to check-in during the designated hours listed above. Please email [events@sweetadelines.com](mailto:events@sweetadelines.com) by **July 15<sup>th</sup>** if you will not be able to pick up your packet during the designated check-in times.

## Departure and Checkout

Check-out will take place at Mabee Dining Hall on Sunday, July 24<sup>th</sup> from **8 am – noon**. We suggest you pack your luggage and check your dorm room the night before your departure. If you need to checkout before the designated checkout time, please drop your key in the designated drop box located outside the Mabee Dining Hall. It is necessary that all attendees checkout by noon on Sunday. Taxis and ride share companies can pick you up via the same address you used to arrive.

## Trinity University

**One (1) Trinity University  
San Antonio, TX 78212**

**In order to assist the campus in better serving you and future conference participants, please remember to:**

- Remove **all trash** from your room bins and properly dispose of at one of the Trash Receptacle Stations.
- Clean out all leftover food from your microwave and refrigerator.
- PLEASE LEAVE YOUR LINENS IN YOUR ROOM.

## Event Schedule

All attendees will receive an overall event schedule and a personalized schedule based on the classes you selected during the registration process at check-in.

## Dormitory Rooms

All dormitories in the residence halls have shared bathrooms and furnishings per occupant which include: 1 XL twin bed, 1 desk, 1 desk chair, 1 set of drawers and closet space. Standard linens include: linens (mattress sheet, sheet, blanket, pillow and pillowcase, towel and washcloth). Microwaves and mini-fridges are available in each dormitory.

Each lost dormitory key will result in a \$10 fee that must be paid to the University by the attendee before a new room card will be issued.

### **Campus Wi-Fi**

Wi-Fi is complimentary and available throughout the campus.

### **Trinity Swimming Pool**

Cool off in the San Antonio heat by using the on campus pool.

Pool hours:

July 20: 6:30 a.m.-8:30 a.m., 11:30 a.m.-1:00 p.m., 4:00-8:00 p.m.

July 21: 6:30 a.m.-8:30 a.m., 11:30 a.m.-1:00 p.m., 4:00-10:00 p.m.

July 22: 6:30 a.m.-8:30 a.m., 11:30 a.m.-1:00 p.m., 4:00-10:00 p.m.

July 23: 2:00 p.m.-10:00 p.m.



### **Items to Bring**

Please remember that the campus experience is much different than a hotel experience. There are not attendants or bell staff to assist with luggage or park vehicles. It is recommended that if you are unable to carry something, that it not be brought,

Face Masks

Extra Washcloths and Towels

Toiletries (shampoo, conditioner, soap, etc.)

Alarm Clock (for those who do not have a smart phone)

Clothes Hangers

Hair Dryer

Any other personal amenities

Extra blanket

Snacks

Chargers for your electronics

Comfy Walking shoes

Swimsuit

Beach Towel

Cash for Cash Bars

Class Handouts

Sheet Music

Sunscreen

Bug Spray

Notebook

Pen/Pencil

Hat

[Personal Fan](#)

[Cooling Towel](#)

Aloe

Blister Blocker/Blister Band-Aids'  
Sunglasses  
Shower/Pool Sandals  
Loose Fitting Clothing  
Jacket (Classrooms tend to be a little chilly)

### **Dining and Dietary Requirements**

All meals at IES will be served at the Mabee Dining Hall. This will be served cafeteria-style and will include a wide array of options. Allergens will be noted for most items at each meal. We have sent the university a list of dietary requirements for attendees who submitted them during the registration process. The university will assist to accommodate as best as possible. If you are unsure about an item, please consult a cafeteria employee to assist you.

### **Scooters/ADA**

Trinity University is a pedestrian campus with elevator and ramp access provided. The furthest distance between any locations on campus is roughly 0.75 miles. with the average distance being between 0.25 and 0.5 miles. If you have trouble walking more than a few city blocks, you may consider [renting a scooter from Scootaround](#) in advance and having it delivered to campus. When making your reservation please give them Natalie Bennett, Sr. Event Coordinator's contact name for drop-off purposes. Trinity University is an ADA compliant campus and will have maps available on-site noting ADA entrances and exits for each building.

### **Seminar Songs**

The IES Co-Chairs have chosen the following Seminar Songs for IES: Happy Together and Why We Sing. Click [here](#) to receive the sheet music and the learning tracks. Be sure to take your music with you to all of your classes as some of the faculty may use them during your class.

### **Handouts**

Sweet Adelines has been green for several years now in terms of paper. Handouts for all classes at IES 2022 will be available digitally. Not every class has handouts, but some do. Please print out the handouts for your preferred class selections or bookmark the link and bring a tablet or laptop so you can access class materials on the go. The handouts will be available on Wednesday, July 13<sup>th</sup> and can be found by clicking [here](#).

### **Continuing Education Unit (CEU)**

Did you know that you may receive Continuing Education Credits through our CEU program just for attending IES? Signing up for the program is as easy as following these steps:

- Contact the Sweet Adelines [Education Department](#) regarding CEUs.
- Be sure to sign the attendance sheets for each class you attend.
- Turn in your attendance sheets to the Education Department within one week of the event.
- Receive up to 2.7 Credits thru Mississippi State University

Please contact [education@sweetadelines.com](mailto:education@sweetadelines.com) if you have any questions regarding CEUs.

### **Shops and Services**

If you need to purchase food or snacks in addition to the provided meals, there are a few options on campus. For all the caffeine junkies, Einstein Bagel is open M-F from 8:00 am – 2:00 pm in the Coates University Center. For grab and go snacks and drinks you can go to the Commons located in the Coates University Center (M-F 11:00 a.m.-2:00 p.m.). Vending Machines are available in the dorm buildings and in some of the classroom buildings in upper campus. Forgot your cash and need an ATM? There is an ATM located near the Bookstore

in the Coates University Center which will be open (M-F 10:00 a.m.-3:00 p.m.) for you to purchase any souvenirs to remember your time in San Antonio.

Coffee Shop

[Summer Moon](#) – 3 to 4 blocks (Driving Distance)  
3233 N St Mary's St., Suite 102, San Antonio, TX

### **Good Places to Know**

Forget something? Walgreens, CVS and a few grocery stores are a short drive from the campus.

[Walgreens](#) (On-site COVID Testing by appointment only 7 days in advance)

[CVS](#) – 4600 Broadway St, Alamo Heights, TX (Has COVID Testing onsite, but will need to set up an appointment prior to arrival for available time,

Grocery Store

[HEB](#)- 300 W Olmos Dr., San Antonio, TX

[Central Market](#)

4821 Broadway St., San Antonio TX

[Whole Foods](#)

255 E Basse Rd., Suite 130, San Antonio, TX

Have an emergency and need to seek care? Check out the links below.

Urgent Care

[Alamo Heights CareNow](#)

5410 Broadway St., Alamo Heights, TX

Dentist

[Rapid Emergency Dental](#) (open 24 hours)

615 Elm St., San Antonio, TX

Hospital

[Methodist Hospital Metropolitan](#)

1310 McCullough Ave., San Antonio, TX