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In consideration of the right to participate in the Event, we hereby waive any and all rights or claims we may have as a result of participation in the Event against SWEET ADELINES INTERNATIONAL, its directors, officers, employees, members, staff and all individuals assisting in instructing and conducting these activities, and we hereby fully release and discharge them from any and all claims resulting from injuries, including death, damages or loss which may accrue to us or our heirs arising out of or in any way connected with our participation in the Event, to the extent permitted by applicable law.

We further agree to indemnify, defend, and hold harmless SWEET ADELINES INTERNATIONAL, its directors, officers, employees, members, staff, and all individuals assisting in instructing and conducting these activities, from any and all claims resulting from injuries, including death, damages, or loss, which may accrue to us or our heirs arising out of or in any way connected with our participation in the Event.

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